
Thanks for keeping your social distance!



TAKE 5 WEDNESDAY

Hi

Here is your weekly dose of "TAKE 5 Wednesday", a list of what I'm enjoying, pondering and working on.



10 tips to help you save on online shopping

As more Canadians turn to online shopping for everything from groceries to clothing to technology, they are also looking for ideas on how to spend less. [Here](#) are 10 tips for how to save on online shopping. Always remember to shop smart: be careful with your personal information and only shop from reputable sites.



8 tips for touchless holiday celebrations

This holiday season, consider how your plans can be modified to reduce the spread of COVID-19 to keep your friends, family and community healthy and safe. [Here](#) are some tips for safe and enjoyable holiday celebrations. Get inspired by [these](#) fun touchless activities to connect with friends and family to celebrate the holidays "together".



Do I need to pay off my debt during COVID-19?

As the pandemic continues, some people are wondering if they need to pay off debt. Many major credit grantors have offered payment deferrals to their customers as a way of dealing with the loss or reduction of income due to COVID-19. But you cannot ignore your debts and still protect your credit rating. It's best to look at ways to deal with your outstanding debts. Click [here](#) to learn about options.



Feel like you're about to lose it? Take a "Meta-Moment"

When we're overwhelmed by emotions, we're usually not our best selves. We may blow up, say hurtful things or burst into tears. [Here](#) is a helpful strategy to avoid potentially destructive responses to stressful situations. We never stop needing to work at being our best selves, but the payoff is worth it: better health, better decision making, better relationships—better everything!

Quote I'm pondering

“Learning never exhausts the mind.”

– Leonardo da Vinci

Thanks for TAKING 5!

Scott

Whenever you're ready... here are 3 ways I can help:

Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.

Copyright © 2021, All rights reserved.

The CFP professionals are continually working to make financial goals a reality for each and every one of our clients. We're dedicated to helping you make smart, educated and well-thought out financial decisions throughout all stages of your life.

TO LEARN MORE CONTACT US scottplaskett@ironshield.ca

The foregoing is for general information purposes only and is the opinion of the writer.

This information is not intended to provide specific personalized advice including, without limitation, investment, financial, legal, accounting or tax advice. Please call us to discuss your particular circumstances.

UNSUBSCRIBE BUTTON

On July 1, 2014 the Canadian Federal Government rolled out the new anti-spam legislation to protect your privacy. This law governs email permissions.

We are committed to doing our part to fight unwanted spam. We value our business relationship with you and would like to continue to provide you with our informational e-mails.

Please Note:

Where a pre-existing business relationship exists between you and us, we will continue to send you our informational emails unless you unsubscribe. If you do not wish to receive electronic messages in the future, please unsubscribe.

A safe unsubscribe button is located on every email at the bottom of the page. Please be advised that this may restrict our ability to send you messages in the future.