### Thanks for keeping your social distance!



#### **TAKE 5 WEDNESDAY**

Hi

Here is your weekly dose of "TAKE 5 Wednesday", a list of what I'm enjoying, pondering and working on.



### Time for your quarterly financial edit

This article makes an analogy between reviewing your finances and going through your wardrobe to see which clothes work for you and which need to go. It may seem like a strange comparison, but a financial edit can revitalize your wallet just like a closet purge does for your wardrobe. Reflect on where your money has been spent and how you want to allocate it moving forward. An alternative to budgeting, it may just help you focus your future spending where it will have the most impact.



# Do you have a will?

Do you have a will in place? If you don't, you may want to consider making one sooner rather than later. A will is a legal document that determines how your estate is divided after your death. You might learn a thing or two from these famous wills that you can apply to creating or updating your own will. These days, there are cost-effective, online estate planning services such as <u>Legalwills.ca</u> that can be useful if you don't have a complicated plan.



## Why your brain loves it when you exercise

Motivation can be hard to find these days. But ensuring that we move a little bit every day is more important for us than ever—not just for our bodies, but also for our minds, according to <u>this article</u>. Just a walk around the block or a 10-minute online workout will not only improve your day but also benefit your brain in a lasting way.



## Connect with your boss while you're working from home

If you have transitioned to working from home, you need to pay more attention to your interactions with your manager to maintain the visibility and relationship you want. Consider implementing some of these strategies to get their attention and strengthen your relationship. It's important to stay top of mind and ensure that your manager knows how your work contributes to the team's success.

### **Quote I'm pondering**

"You miss 100% of the shots you don't take."

- Wayne Gretzky

Thanks for TAKING 5!

Scott

#### Whenever you're ready... here are 3 ways I can help:

#### Option 1.

Let's have a chat: Just <u>CLICK HERE</u> to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

#### Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

## Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.

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