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**Thanks for keeping your social distance!**



## **TAKE 5 WEDNESDAY**

Hi

Here is your weekly dose of "TAKE 5 Wednesday", a list of what I'm enjoying, pondering and working on.



### **A government grant for upgrading your home**

The [Canada Greener Homes Grant](#) offers grants of up to \$5,000 to pay for energy-saving home upgrades. Canadian homeowners who are renovating or planning a renovation can [register online](#) for a pre-retrofit EnerGuide evaluation. An energy advisor will provide you with recommendations, then you can decide which retrofits work best with your budget and renovation plans. If you complete a retrofit that is both eligible and recommended by your energy advisor you will qualify for reimbursement.



## **Which countries can Canadians visit?**

After more than a year of tight restrictions, many Canadians are itching to take an international vacation or visit relatives in other countries. This [blog post](#) keeps an up-to-date list of countries that Canadians can visit and what restrictions are in place for travellers, both on departure and upon return.



## **Digital body language**

Many of us learned quickly how to work, manage and collaborate while working remotely over the past year or so. In an online work environment, “digital body language” is more important than ever. This isn’t just your posture or the expression on your face, but also how you use technology to express your interest and tone to colleagues. [This article](#) provides some powerful tips to help you convey a sense of who you are and how you work in a virtual world.



## **Signs of financial elder abuse**

Everyone has a role to play in identifying and preventing financial elder abuse. These are signs that it could be happening to an older person you know. If something seems wrong, take the time to find out what's really happening, and alert the authorities if you discover abuse or fraud.

### **Quote I'm pondering**

"Be less curious about people and more curious about ideas."

— Marie Curie

Thanks for TAKING 5!

Scott

### **Whenever you're ready... here are 3 ways I can help:**

#### **Option 1.**

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

#### **Option 2.**

Let's "meet": If you would like to book a free, no-obligation information session, please email me at [scottplaskett@ironshield.ca](mailto:scottplaskett@ironshield.ca) and we can coordinate a time that fits into your schedule.

#### **Option 3.**

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at [scottplaskett@ironshield.ca](mailto:scottplaskett@ironshield.ca) and I'll forward you the details.

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