



Thanks for keeping your social distance!



TAKE 5 WEDNESDAY

Hi Gyle

Here is your weekly dose of "TAKE 5 Wednesday", a list of what I'm enjoying, pondering and working on.



Budgeting tips for Santa's elves and other seasonal workers

If you earn income from seasonal work, your income likely changes from month to month. Creating a personal budget can be challenging when your income is irregular. [These](#)

strategies can help you take control of your money. So relax and pour yourself some eggnog!



Financial literacy self-assessment

Since the start of the pandemic, we've learned how important it is to be able to manage our finances during a crisis. As Professor Lusardi from George Washington University School of Business said, “It is during a storm that sailing lessons prove their worth”. To ride out a stormy economy, knowing a thing or two about financial literacy is essential. Click here to test your money management skills and knowledge. It's never too late to start learning!



Wellspring cancer support services

Wellspring is a Canada-wide network of community-based centres, each offering programs and services to anyone with any type of cancer at any stage in their journey. They offer programs to help with drug costs and to smooth the transition back to work for those who have taken a leave of absence. Their services are all free and no referrals are needed. For people who don't live near a centre, they also offer online services.



3 things no one ever told you about making friends in adulthood

When you're young, making new friends is usually easy. But it can be a struggle to make friends as a grown-up—just ask anyone who has moved to a new city or country. [This article](#) has some tips. You'll have to make a proactive effort and it will probably take more time than you think: adults need to spend around 350 hours together to go from being acquaintances to close friends, but college students only take about 220 hours. Many people want to hang out and become friends, but not everyone is comfortable initiating plans. Don't assume that your acquaintances don't want to be friends just because they don't invite you back after you've hung out together.

Quote I'm pondering

"If your dream only includes you, it's too small."
— Ava DuVernay

Thanks for TAKING 5!

Scott

Whenever you're ready... here are 3 ways I can help:

Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.

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