

# Thanks for keeping your social distance!



# TAKE 5 WEDNESDAY

Hi

Here is your weekly dose of "TAKE 5 Wednesday", a list of what I'm enjoying, pondering and working on.



# Build good money habits to improve your finances

Success with money doesn't depend upon your IQ or how good you are at math—it's about behaviour. <u>Positive money behaviours</u> can help you take control of your spending and avoid drowning in debt. Your individual financial situation and goals should be taken into account

before you act on the advice in the article. A certified financial planner can help you manage your finances and establish good money habits that work for you.



# 5 ways you can tackle your tax debt

Canadians who received pandemic benefits from the government are getting a full year to pay off their 2020 taxes without paying interest. However, you still need to pay your taxes, and the longer you put off paying, the more you will end up owing. <u>Here</u> are a few tips and strategies to deal with your tax debt. The Canada Revenue Agency provides detailed information on how to pay your overdue taxes and sign up for <u>payment arrangements</u> if you can't pay all at once.



# What winter-haters get wrong

Sunshine and happiness are undeniably related, according to <u>this article</u>. But the secret to happiness isn't moving somewhere warmer. Researchers warn that the happiness we feel from the improved weather will wear off relatively quickly after moving. There are other ways to get a winter mood boost, such as taking short vacations or engaging in fun winter activities. A full life is one that has both sun and snow, all of it combining to create a fulfilling experience.



## Canada business app

Are you a small business owner? Get help in the palm of your hand by <u>downloading the</u> <u>Canada Business app</u>. You can find thousands of programs and services for businesses from all levels of government: federal, provincial, territorial and municipal. Find tailored information to help your business start up, scale up, and access new markets.

### **Quote I'm pondering**

"Learning never exhausts the mind." — Leonardo da Vinci

Thanks for TAKING 5!

Scott

### Whenever you're ready... here are 3 ways I can help:

### **Option 1.**

Let's have a chat: Just <u>CLICK HERE</u> to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

#### **Option 2.**

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

#### **Option 3.**

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details. Copyright © 2022, All rights reserved.

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