



IRONSHIELD®
FINANCIAL PLANNING

TAKE 5 WEDNESDAY

Hi

Here is your weekly dose of "TAKE 5 Wednesday", a list of what I'm enjoying, pondering and working on.



What is ESG investing? Environmental, social and governance — or ESG — investing allows you to choose to invest in companies that align with your values and priorities and to avoid those that don't. [This new hub](#) spells out what you should know about using ESG criteria to help you decide on investments for your portfolio.



20 bad internet behaviours and how to fix them

Unfortunately, many internet users have become careless when it comes to their online security; using free public Wi-Fi to shop online, downloading files from sketchy websites, creating easy-to-guess passwords, or using the same password for multiple accounts. Here's a helpful top 20 list of bad online habits you should change ASAP.



Pros and cons of a laneway house

Laneway houses were created to increase population density and provide more affordable housing options for people living in cities. You can build a laneway house in three Canadian cities: Vancouver, Toronto and Calgary. What are some of the pros and cons of adding a laneway house to your property? Read this article to find out, and decide whether it's a good option for you.



Meal of a lifetime: What to eat at every age

It's almost impossible to give general advice for everyone when it comes to what is best to eat. However, there is some consensus on the sorts of foods we might prioritize at various life stages. Learn what to put in your grocery cart today - and in 20 years- in this article.

Quote I'm pondering

"When we are no longer able to change a situation, we are challenged to change ourselves."
—Viktor Frankl

Thanks for TAKING 5!

Scott

Whenever you're ready... here are 3 ways I can help:

Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.

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