



IRONSHIELD®

FINANCIAL PLANNING

TAKE 5 WEDNESDAY

Hi Gyle

Here is your weekly dose of "TAKE 5 Wednesday", a list of what I'm enjoying, pondering and working on.



How to Avoid Burnout: A Guide for Entrepreneurs

Many entrepreneurs fail to see the warning signs of burnout before it happens. [Click here](#) for 10 ways to keep burnout from creeping into your entrepreneurial lifestyle.



Not having a will is more problematic than you think. The oversight can cost thousands of dollars in legal bills, bitter family disputes, as well as legal battles between family members. [Click here](#) to read more.



Saving vs Investing

Saving and investing are both ways of setting money aside for the future. But, there are a few key differences. [Click here](#) to find out which one is a better fit to meet your goals.



Preventing Food Waste Can Save You up to \$1,000 per Year

Food waste is the food that's OK to eat, but it's being discarded, composted, or left to spoil without a plan to turn it into a snack or meal. [Click here](#) to get helpful tips on how to reduce your food waster and save money.

Quote I'm Pondering

"We make a living by what we get, but we make a life by what we give." —Winston Churchill

Thanks for TAKING 5!

Scott

Whenever you're ready... here are 3 ways I can help:

Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning -

specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.

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