



IRONSHIELD®

FINANCIAL PLANNING

TAKE 5 WEDNESDAY

Hi

It's time to take 5 minutes to refresh your mind. We think we found some interesting articles about personal finance that can save you time and money.



Two Conundrums of the Canada Pension Plan

CPP remains one of the cornerstones of creating retirement income. Planning ahead will help you to know when to take CPP and whether to split benefits with a spouse are key issues. [Click here](#) to learn more.



Meet the new Robots Helping to Solve the Depression and Loneliness Epidemic in Aging Adults

New robots are helping to solve the depression and loneliness epidemic in aging adults. Isolation during the pandemic highlighted how harmful loneliness can be. This sped up the development of tech solutions. [Click here](#) to learn more.



15 Everyday Habits of People With an Impressive Memory

Having trouble remembering the name of the person you just met, or even where you left your phone charger? [Click here](#) for some everyday habits that are easy to adopt and can help boost your memory.



Ontario's Most Wanted Fall Vacation Stays

Cozy season is almost here! From a unique treehouse located in a colourful forest to a private island escape, these rentals will have you dreaming of an autumn getaway. [Click here](#) to view these popular getaway.

Quote I'm Pondering

"You are allowed to be both a masterpiece and a work in progress simultaneously."
— Connie Chen

Thanks for TAKING 5!

Scott

Whenever you're ready... here are 3 ways I can help:

Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business

owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.

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