



IRONSHIELD®

FINANCIAL PLANNING

TAKE 5 WEDNESDAY

Hi

Stop what you're doing and read through some interesting articles that we think could give you an interesting perspective. Check out this week's Take 5.



What is the Fat FIRE Movement and how Does it Work?

If you want to pursue early retirement, but don't want to live on a tight budget, the Fat FIRE approach may be what makes the most sense for you. The FIRE movement (Financial Independence, Retire Early) is about calculating your FIRE number – the amount of invested assets you need to live off of investment income and retire early. [Click here](#) to learn more.



Words and Phrases to Avoid in a Difficult Conversation

When you're having a difficult conversation, it's common to focus on your own ideas, viewpoints, and feelings. However, a "me-centric" approach can backfire. To achieve your goal, keep the other person's feelings and opinions in mind by avoiding common mistakes like assuming your viewpoint is obvious, exaggerating, challenging someone's character or integrity, blaming others for your feelings,

telling others what they should do, or saying “it’s not personal”.



The Interest Rate in Canada Just Went up Again & Here's What it Actually Means for Your Wallet

The Bank of Canada has once again increased the policy interest rate, bringing it to a new high for the year. [Here](#) is what you need to know about whats happening and how it will effect you.



Earning Rewards Points as a Family

Earning rewards points as a family is easy if you have the right card. [Click here](#) to learn more about the two credit card method of travel hacking and get an extra sign up bonus every year as a couple.

Quote I'm Pondering

“A setback is the perfect setup for a comeback.”
— Nicholas Mauro

Thanks for TAKING 5!

Scott

Whenever you're ready... here are 3 ways I can help:

Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.

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