



IRONSHIELD®

FINANCIAL PLANNING

TAKE 5 WEDNESDAY

Hi

If you're reading this, it's time to take a break and refresh your mind by reading this week's TAKE 5. Get reading! You'll find inside information that can save you time and money.



How to Choose the Best Legal Structure for Your Business – Pros & Cons

Are you thinking about turning your latest idea into a business venture? [Click here](#) for a list of crucial to-dos in the early stages of forming a new business.



7 Tips for Getting More out of Your iPhone's Health app

From analyzing your sleep patterns to monitoring an aging parent's steadiness, your iPhone's health app can be a valuable way to track and share important health information. [Click here](#) for a closer look at how to use some of the best features of the health app.



A Guide to Business Travel Insurance

Some travel cards include insurance for business travel, but buying additional coverage might be a good call. [Click here](#) to read more.



6 Proven Ways to Cope With Financial Stress

With the cost of gas and groceries rising and a potential recession looming, it's no wonder financial stress is also on the rise. [Click here](#) for ways to deal with financial stress.

Quote I'm Pondering

“Your best is not defined by those around you and only you can reach it.”
— Mitch Rohrer

Thanks for TAKING 5!

Scott

Whenever you're ready... here are 3 ways I can help:

Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning -

specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.

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