



# IRONSHIELD®

FINANCIAL PLANNING

## TAKE 5 WEDNESDAY

Hi

Stop what you're doing and read through some articles we think could give you an interesting perspective. Check out this week's Take 5.



### **4 Silver-Lining Benefits of Canada's Rising Interest Rates**

Rising rates have negative effects, particularly when it comes to borrowing money. But higher rates can also mean lower prices, faster savings growth, and better returns on fixed-rate investments. [Click here](#) for more.



### **Exhausted and Overwhelmed?**

CEO Tiffany Dufu says setting clear boundaries (at work and at home) is the key to reducing stress. [Click here](#) to read more.



## Melinda Gates Pledges \$1 Billion to Promote Gender Equality

The philanthropist made the announcement in an op-ed for Time magazine. [Click here](#) to read more.



## 6 Strategies to Work-Proof Your Vacation

Instead of scheduling a vacation only to spend your days working poolside, try [these six strategies](#) to work-proof your vacation.

### Quote I'm Pondering

"Don't sit down and wait for the opportunities to come. Get up and make them."  
— Madam C.J. Walker

Thanks for TAKING 5!

Scott

### Whenever you're ready... here are 3 ways I can help:

#### Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

#### Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at [scottplaskett@ironshield.ca](mailto:scottplaskett@ironshield.ca) and we can coordinate a time that fits into your schedule.

#### Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please

email me at [scottplaskett@ironshield.ca](mailto:scottplaskett@ironshield.ca) and I'll forward you the details.

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