



IRONSHIELD®

FINANCIAL PLANNING

TAKE 5 WEDNESDAY

Hi

Stop what you're doing and read through some articles we think could give you an interesting perspective. Check out this week's Take 5.



Are you leaving free cash on the table? Tax tips for students and parents

Students and parents may be missing out on potential tax savings by not taking advantage of available deductions and credits. [Tips](#) include claiming education-related deductions, utilizing tax credits for education expenses, exploring student loan interest deductions, and remembering to claim childcare expenses. Seeking professional advice can maximize tax benefits.



Tips to grow the growth mindset

Developing a growth mindset is crucial for personal and professional growth. To cultivate this mindset, individuals can embrace challenges, persist through setbacks, seek constructive feedback, view

failures as learning opportunities, and celebrate the success of others. [Learn more](#) on how to continue cultivating a growth mindset.



What couples should know about sharing bank accounts

Sharing bank accounts as a couple requires careful consideration. It is important to establish open communication, set financial goals together, and determine the level of transparency desired. [Read more](#) about the pros and cons of joining finances.



Stem cell therapy shows promise for reducing Alzheimer's symptoms, reveals study

A recent study suggests that stem cell therapy holds potential in reducing symptoms of Alzheimer's disease. [Researchers](#) found that injecting stem cells into the brain helped improve cognitive function and reduce inflammation. This promising finding offers hope for future treatment options in battling this neurodegenerative disorder.

Quote I'm pondering

"Enjoy the little things, for one day you may look back and realize they were the big things"
— Robert Brault

Thanks for TAKING 5!

Scott

Whenever you're ready... here are 3 ways I can help:

Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.

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