



IRONSHIELD®

FINANCIAL PLANNING

TAKE 5 WEDNESDAY

Hi

Take 5 and read through some articles we think could give you an interesting perspective.



40 best family gifts the whole crew will appreciate

Finding the perfect gifts for every member of a family can be both challenging and expensive, which is why a single gift that the entire family can enjoy is a great plan. From sentimental items to experiential gifts and small gifts under \$20, there's something for every family on [this list!](#)



Good things take time to plant, grow and flourish. So do good financial behaviours

It is crucial to avoid seeking quick gains and instead understand that good things take time to grow. Financial literacy and good habits are essential for reducing financial stress and achieving financial freedom. [Here](#) is some advice for families to create good habits.



Borrowing against home equity

Home equity is the difference between the value of your home and how much you owe on your mortgage. You can borrow money secured against your home equity, typically at lower interest rates. This can be done through [options](#) such as refinancing, getting a second mortgage, or obtaining a home equity line of credit (HELOC).



How to advocate for yourself at the doctor's office

Experts suggest that patients should take control of their interactions with providers, bringing specific concerns and goals. [Here](#) are some ways to advocate for yourself at the doctor's office to ensure you walk out of the exam room with a clear understanding of your health and a concrete path forward.

Quote I'm pondering

"We suffer more often in imagination than in reality."

— Seneca

Thanks for TAKING 5!

Scott

Whenever you're ready... here are 3 ways I can help:

Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time

that works for you. The scheduler will book our time and send you the call-in details.

Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.

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