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FINANCIAL PLANNING

Hi

Take 5 and read through some articles we think could give you an interesting perspective.



3 tips in honor of "Stick to Your New Year's Resolution Day"

The [article](#) provides general tips for sticking to New Year's resolutions. It emphasizes the importance of setting specific goals and writing them down, sharing goals with a friend for accountability, and not letting setbacks derail progress.



What is CASH.to?

The CASH ETF is listed on the Toronto Stock Exchange and aims to maximize monthly returns by investing in high interest deposit accounts with Canadian banks. It is important to add ".to" to differentiate it from other CASH tickers on other exchanges when searching for information. Learn [here](#) how it works.



The health implications of laughter

While laughing is an attribute of happiness and joy, it also has significant health implications that benefits the individual, from reducing stress levels to boosting the immune system as well as aiding with physical health. This [article](#) will delve into the various health advantages of engaging in laughter.



Who decides which books become bestsellers?

To become a published author, you need to find readers and sell books. This [article](#) discusses the process of becoming a published author and how to make a book a bestseller. It explores different paths to publishing, such as self-publishing and traditional publishing, and delves into the factors that determine a book's success.

Quote I'm pondering

"He with the most who is content with the least."
— Diogenes

Thanks for TAKING 5!

Scott

Whenever you're ready... here are 3 ways I can help:

Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.

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