



Here is your weekly dose of "TAKE 5 Wednesday", a list of what I'm enjoying, pondering and working on.



### **Top 10 retirement mistakes**

According to the 2022 Natixis Global Survey, conducted among 2,700 financial professionals, they have identified the most common retirement mistakes people make. In this [post](#), the author discuss each mistake from the list and shares his approach to tackling these issues.



### **Rest takes hard work**

Regular rest is vital for our well-being. Incorporating breaks in our workday, engaging in hobbies, and having annual vacations can help us be more productive. This [article](#) explains why resting effectively can be challenging, and how can we improve our resting habits.



### **You want to develop your skills in Creative Problem Solving**

Creative problem-solving is a valuable skill that empowers individuals to conquer challenges, generate innovative ideas, and discover solutions that benefit all parties involved. This [article](#) outlines effective methods for developing your creative problem-solving abilities and applying them to diverse situations.



## **Nine personal finance rules we all must know**

Managing, budgeting and saving money is certainly no easy task. These [rules](#) are equally useful for young and old. I hope you will find them simple, useful and handy.

### **Quote I'm pondering**

"The more we value things outside our control, the less control we have."  
— Marcus Aurelius

Thanks for TAKING 5!

Scott

### **Whenever you're ready... here are 3 ways I can help:**

#### **Option 1.**

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

#### **Option 2.**

Let's "meet": If you would like to book a free, no-obligation information session, please email me at [scottplaskett@ironshield.ca](mailto:scottplaskett@ironshield.ca) and we can coordinate a time that fits into your schedule.

#### **Option 3.**

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at [scottplaskett@ironshield.ca](mailto:scottplaskett@ironshield.ca) and I'll forward you the details.

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