



Take 5 and read through some articles we think could give you an interesting perspective.



Best high-interest savings accounts in Canada for 2025

High-interest savings accounts (HISAs) offer competitive rates and easy access, ideal for short-term savings goals. While providing deposit insurance, watch for limited transactions, high minimums, or temporary promotional rates. Choosing the best HISA involves considering your financial goals, ongoing interest rates, and fees. [Discover](#) top picks and guide to selecting a HISA in the full article.



#Elbows Up: Rallying resilience for Canadian small businesses

Canadian small businesses, accounting for 97.8% of all employers, are vital to the nation's economy amidst turbulent times. Facing tariff threats and economic shifts from trade disputes, they must prioritize resilience. Issues like supply chain diversification and data sovereignty are pushing for greater national autonomy. [Learn](#) how these challenges and opportunities impact Canadian entrepreneurs in the full article.



Is 'Travel Math' derailing your finances and vacation plans?

"Travel math" is the mental gymnastics we use to justify overspending on vacation, turning real money into "Monopoly" money. This phenomenon, similar to "girl math," often prioritizes experience over expense, leading to costly splurges and post-trip regret. Understand how to enjoy your trip without breaking the bank. Learn expert tips to combat "travel math" in the full [article](#).



4 Reasons remote workers are almost twice as stressed as people in the office even though they get to be at home

While often seen as ideal, remote work now presents unique stressors. A recent report indicates a 27% stress increase for remote workers due to less communication, career advancement worries, tech issues, and higher healthcare costs, leading to more anxiety and depression. [Understand](#) the hidden downsides of remote work and find what best suits you in the full article.

Quote I'm pondering

"This is our big mistake: to think we look forward to death. Most of death is already gone. Whatever time has passed is owned by death."

— Seneca

Thanks for TAKING 5!

Scott

Whenever you're ready... here are 3 ways I can help:

Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.