



IRONSHIELD®
FINANCIAL PLANNING

Take 5 and read through some articles we think could give you an interesting perspective.



10 tips to bring a back-to-school mindset to your portfolio

Adopting a back-to-school mindset can help you sharpen your financial skills. By getting organized, setting deadlines, and practicing good habits, you can take control of your finances. From creating a budget and a financial plan to using online calculators, these tools can set you up for success. [Learn](#) all 10 tips to improve your financial habits in the full article.



4 quiet signs your mental health needs immediate attention

Mental health changes subtly, often with early warnings in our sleep, focus, energy, and social habits. Small shifts, like a fuzzy focus or shrinking energy, can signal rising stress. Spotting these signs early is crucial for course correction. Learn to recognize these [four key warning](#) signs and what to do next.



5 terrible money habits that keep people broke

Financial habits often keep people from building wealth. According to Vincent Chan, common mistakes include spending before saving, waiting to invest, and using credit cards for unaffordable purchases. These pitfalls can create a debt cycle. [Here's](#) how to identify and break these bad money habits.



The top 5 reads for mastering the essentials of business finance

Navigating business finance can be daunting, with technical jargon often creating a barrier. These five books simplify the process by outlining essential principles without overcomplicating the material. They offer a perfect starting point for entrepreneurs and individuals seeking to understand business finance from the ground up. Find out which [books](#) made the list by reading the full article.

Quote I'm pondering

"Those who say it cannot be done should not interrupt those doing it."
— Chinese proverb

Thanks for TAKING 5!

Scott

Whenever you're ready... here are 3 ways I can help:

Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.