



TAKE 5 and read through some articles we think could offer an interesting perspective.



Why most financial New Year's resolutions fail

Millions of financial resolutions fail by February because they are often vague, unrealistic, or overly dependent on fleeting motivation. This [article](#) explains that sustainable success requires concrete goals and automated systems rather than total habit overhauls. Learn how to design financial resolutions that actually last.



What sparks the world's most successful startups? The answer might surprise you

Successful companies like Airbnb and BuildOps thrive by replacing assumptions with proximity. By listening directly to customers and observing their daily friction points, leaders can build an operational backbone that solves real pain rather than chasing flashy trends. [Discover](#) how shortening the feedback loop drives lasting innovation in the full article.



Don't stress, do less: 52 ways to make your life easier in 2026

Start 2026 by simplifying your life instead of adding to your to-do list. From skipping unnecessary laundry folding and multivitamins to reducing email clutter and skincare routines,

[experts](#) suggest that "doing less" can improve your well-being. Focus on essential tasks and give yourself permission to streamline your daily habits.



New Ontario laws give job seekers more information

As of January 1, Ontario's new labour laws mandate increased transparency for job seekers. Employers must now disclose salary ranges, reveal whether AI is used in vetting, and respond to candidates within 45 days of an interview. [These](#) rules aim to foster fairness and more objective hiring.

Quote I'm pondering

"The secret of change is to focus all of your energy not on fighting the old, but on building the new."

— Socrates

Thanks for TAKING 5!

Scott

Whenever you're ready... here are 3 ways I can help:

Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.