



IRONSHIELD®
FINANCIAL PLANNING

Hi

It's time to take 5 minutes to refresh your mind. We have selected several insightful articles about personal finance that can save you time and money.



Best no-fee chequing accounts in Canada

No-fee chequing accounts are an excellent way for Canadians to eliminate costly monthly bank fees while keeping full access to daily banking features. Many of these accounts offer unlimited transactions, free Interac e-Transfers, and competitive interest rates. Choosing the right provider allows you to maximize your savings without sacrificing convenience. [Discover](#) the ideal account to maximize your financial efficiency.



The Ontario resort and getaway guide 2026

Planning the perfect family vacation is easy with the Ontario Resort and Getaway Guide 2026. From classic beach fun at Deerhurst Resort in Muskoka to thrilling whitewater rafting at OWL Rafting, this comprehensive collection spotlights Ontario's top four-season destinations, luxury cottages, and eco-adventures tailored for unforgettable family memories. [Explore](#) these premier destinations to plan your next getaway.



Recruitment compliance for small businesses in Canada

Navigating Canadian recruitment compliance is vital for small businesses to avoid costly legal pitfalls. Employers must strictly adhere to human rights codes, employment

standards, and privacy laws throughout the hiring process. Ensuring unbiased job postings and lawful background checks protects your enterprise while building an inclusive, reputable, and legally secure workplace. Read the full [article](#) to master Canada's hiring regulations and safeguard your business.



Air pollution and brain health

Air pollution is a growing threat to brain health, with tiny airborne particles capable of entering the central nervous system. Exposure to these pollutants can trigger neuroinflammation, accelerating cognitive decline and increasing the risk of developmental delays and neurodegenerative conditions. Protecting ourselves through air quality [awareness](#) is becoming vital for longevity.

Quote I'm pondering

"Be not afraid of growing slowly; be afraid only of standing still."
— Chinese Proverb

Thanks for TAKING 5!

Scott

Whenever you're ready... here are 3 ways I can help:

Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.