



IRONSHIELD®
FINANCIAL PLANNING

Hi

Take five minutes to explore insights and perspectives curated to support your business and financial goals.



Growth, transition & building stronger Canadian businesses

Acting earlier in the business lifecycle is essential for building resilient, valuable companies. Transition planning is not just an exit strategy; it is a continuous growth engine that strengthens operational efficiency and drives long-term success. By embedding this mindset early, Canadian entrepreneurs can maximize their enterprise value and secure a smoother eventual transition. [Read](#) the full article to learn how proactive planning can transform your business.



Best online brokers in Canada for 2026

Finding the right platform is essential for maximizing your investment returns while minimizing trading fees. Canada's top online brokerages offer a diverse range of features, from zero-commission stock trading to advanced charting tools and robust research resources. Choosing the best fit depends entirely on your unique trading style and financial goals. [Discover](#) the top trading platforms for your portfolio.



3 tips to avoid afternoon fatigue

Beating the mid-afternoon slump requires more than just an extra cup of coffee. Simple lifestyle shifts, such as strategic hydration, choosing protein-rich lunches, and incorporating short movement breaks, can naturally sustain your energy. Understanding how to manage your blood sugar post-meal is the secret to staying sharp and focused all day. [Uncover](#) effective strategies for fighting afternoon fatigue.



What are the different ways to borrow money?

Understanding the different ways to borrow money is essential for making smart financial choices. Whether you are considering credit cards, personal loans, lines of credit, or a mortgage, each borrowing option comes with unique interest rates, repayment terms, and risks. Choosing the right tool helps protect your long-term credit health. [Explore](#) your borrowing options and learn how to manage them wisely.

Quote I'm pondering

"Never let the future disturb you. You will meet it, if you have to, with the same weapons of reason which today arm you against the present."

— Marcus Aurelius

Thanks for TAKING 5!

Scott

Whenever you're ready... here are 3 ways I can help:

Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.